

# Wakefield Safe Space

*For.. By.. With..  
Wakefield*

Are you struggling with your mental health?  
Are you feeling isolated and alone?  
Do you need someone to talk to  
in confidence?

**WE OFFER 'HOPE IN A CRISIS'**

## WAKEFIELD SAFE SPACE IS NOW OPEN

Our referral lines are open from 6pm until Midnight.

Please get in touch

**WE ARE HERE TO SUPPORT YOU**

**ZOOM & TELEPHONE SUPPORT AVAILABLE  
FRI - SAT (soon to include SUN)**

**Tel: 07776 962 815**



Giving Advice and Support for People in Emotional Distress

