



**Delirium can be prevented and treated.**

**Delirium is a medical emergency!**

### **Prevent it**

- Calculate risk
- Assess for clinical factors
- Daily care plan and actions

### **Suspect it**

- New or worse confusion/ drowsiness/ behaviour
- Do SQiD, 4AT or CAM

### **Stop it**

- Treat causes
- Explain and reassure
- Physical needs



# TIME AND SPACE

**T** - Toilet

**A** - Anxiety/Depression

**S** - Sleep

**I** - Infection

**N** - Nutrition/Hydration

**P** - Pain

**M** - Medication

**D** - Disorientation

**A** - Alcohol/Drugs

**E** - Electrolytes

**C** - Constipation

**E** - Environment