



Reablement Service

What does Reablement mean?

Reablement is a short and intensive service, usually delivered in the service user's own home, which is offered to people with disabilities and those who are recovering from an illness or injury. It is one of the council's main tools to manage the cost of an ageing population and has proved an important asset as authorities face cuts in government funding.

The Reablement Service aims to work with individuals to encourage and motivate them to rebuild confidence, support the development of daily living skills and promote and retain as much independence as possible.

Reablement Services are provided by local authorities, and in some cases in partnership with Community Health Services.

Reablement is usually non chargeable which means it is free of charge even for people who usually pay for all or part of their care.

What is the Reablement Service?

The purpose of Reablement is to help people who have experienced deterioration in their health and/or have increased support needs to relearn the skills required to keep them safe and independent at home.

If a person is referred to the Reablement Service, a Reablement worker will visit them in their home, assess their abilities, needs and agree goals. Over the next few days and weeks the individual will be supported to regain physical function and relearn skills such as cooking meals, washing and getting about.

The workers who visit may be care workers who have been trained in Reablement, but they may also be assisted by Occupational Therapists or Physiotherapists who will give expert advice and support.

Instead of doing things for the person, Reablement workers will actively assist individuals in doing things for themselves. This approach takes longer than conventional home care, which is why visiting times tend to be longer.

There is also more of a focus on assessments, workers will regularly measure how the person is improving and will regularly assess them in order to record progress and plan ongoing support.

A Reablement worker may introduce equipment or modifications and this is where an Occupational Therapist will contribute. Modifications may be temporary or permanent to help keep the person safe and independent at home.

As part of a pilot project with WDH all service users receiving Reablement will be offered WDH's Care Link Telecare service free of charge for the period of Reablement. The

service will consist of a Telecare alarm and 24/7 monitoring and response. At the end of the Reablement period, the service user will have the option to keep the alarm as a paid for service.

The Reablement Team can also offer a range of other responses including:

Hospital to home. This response is a free service designed to support a return to home after a period of time away for whatever reason. This can be to promote confidence, check that previous routines are still appropriate, check that heating is on and food is in the home etc. The service is very short term and hopefully results in the service users picking up where they left off and the outcome is hopefully that they will not require any ongoing services.

Bridging service. This is exactly what is says and is designed to bridge the new start or restart of a longer term service and this is a **chargeable service from day one**.

Emergencies are agreed on a case by case basis with the appropriate hub coordinator.

Access & Support

All referrals must be for adults age 18 years and above and they must be Wakefield residents. Referrals should be sent via Social Care Direct or through the connecting care hubs or hospital social work teams and an assessment must have been undertaken before Reablement Services are commissioned through a Social Worker, Care Coordinator or ward based discharge coordinator.

The service offers the following:

- Crisis intervention to prevent unnecessary admission to hospital, respite placements or support for breakdown in carer responsibility.
- Support as an interim measure until a longer term provider is found.
- Facilitates safe hospital discharge following acute admission.
- Prevents admission to acute wards by supporting safe discharge from A&E and assessment units.

Locations & Opening Hours

The Reablement Service has two hub bases, one on the East and one of the West of the district.

Waterton Hub, Waterton House, Wakefield

Telephone: 01924 303731

Hazel Garth Annexe, Knottingley

Telephone: 01977 723735

The Reablement Service is available from 6:30am to 11.00pm, 365 days a year.