

# Carers Wakefield & District



## Who are Carers Wakefield & District?

Carers Wakefield & District are a registered charity that gives support to unpaid adult carers from age 17 who care for a relative, child or friend who has an illness, disability, learning disability, is frail, elderly or has a mental health condition.

## An Overview of our Services

We have support workers located in the Waterton & Bullenshaw Connecting care+ Hubs and Pinderfields Hospital. There are additional support workers based in our main office at King Street, Wakefield. Our services operate from Monday to Friday, 9.00am to 5.00pm.

We have specialised staff in the following areas:-

- Mental Health
- Dementia
- Learning Disabilities
- Autism
- Care Homes

### Our Role is to:-

- Listen and talk things over to help the carer make decisions and choices
- Give advice and information about services available for the carer and/or the person cared for i.e. make referrals to Social Care Direct and/or other services
- Liaise with, and refer to, other professionals in the Hub and carry out joint visits if appropriate
- Check benefits eligibility
- Give support at meetings that are relevant to the caring role
- Provide information and support relevant to the complexities of the Care Home system
- Support carers through the process of discharge from hospital working closely with discharge teams across the Mid Yorkshire Trust
- Increase the number of carers identified by GP practices and to develop positive working relationships to support carers

### Support Groups

We run general support groups across the district which is held on a monthly basis where carers can come for a coffee and a chat and speak to a support worker.

We also have the following specific support groups:

- Mental Health Carers' Support Group (for carers caring for someone with a mental health condition)
- Men's Group
- Working Carers' Group
- Walking Group
- Care Home & Supported Living Groups

### Social Activities

From time to time we organise trips to places of interest, especially during Carers' Week in June.

## **Young Adult Carers**

We organise social activities specifically for young adult carers from 17-25 yrs.

## **Volunteer Befriending Service**

We have a number of volunteers who can visit carers who are feeling isolated. We give training and induction and carry out DBS checks on all our volunteers.

## **Courses**

We run courses for carer's dependant on need and funding.

## **Newsletter**

Details of all the above and anything else of interest to carers are in our newsletter which we send out four times per year.

## **Grants**

### **My Time**

- A grant of up to £100 in any one year for carers to take a break from their caring role. Application forms are available from carers support workers or the main King Street office in Wakefield.

### **Grants for Carers' Groups**

- Available to groups who support carers caring for someone. This can be internal to our organisation or external groups.

## **Access & Criteria / Referring to us**

Referral into any service can be made through:-

- The Connecting Care+ service in the Hubs
- Via the Personal Integrated Care (PIC) file
- Direct to our duty desk 01924 305544

The criteria is that we support anyone aged over 17 who provides care to a relative or loved one and is:

- Registered with a Wakefield GP  
And / or
- A Council Tax Payer to Wakefield Council

If in doubt please seek advice from a member of the Carers Wakefield & District team.

## **Locations & Opening Hours**

The main office is located at 25 King Street, Wakefield, WF1 2SR where The Chief Executive, Managers, Specialised Support Staff and Administration Staff are based.

Services operate

Monday, Tuesday, Wednesday & Friday	9am to 5pm
Thursday	9am – 7pm

With an answer machine service outside these hours on 01924 305544.